

Shape Up Kittitas County Committees

Shape Up Advisory Board

The focus areas of this group are to look at what work is being done by the ad hoc committees and to help Shape Up staff stay on target with grant process objectives. The group also puts together the quarterly newsletter and helps make decisions regarding budget and project issues. This committee meets on a quarterly basis.

Nutrition Ad Hoc Committee

This committee works with local school districts, child care providers and after school programs in Kittitas County to help evaluate and improve nutrition plans. They also work with local grocery stores, employers and food establishments to increase customer/employee access to healthy food choices.

This group generally meets on a monthly basis.

Policy and Land Use Planning Ad Hoc Committee

This committee is focusing on educating current and incoming elected officials, policy makers and planning commission members on the importance of planning a community that is walkable and bikeable as well as working to have "health" specifically mentioned in all relevant policies and comprehensive planning documents in Kittitas County.

This group generally meets on a monthly basis.

Shape Up Upper County

This group of individuals is committed to the goals and objectives of the Shape Up initiative and seeks to address issues that are specific and unique to Upper County residents.

The group has recently been formed and is currently meeting on a monthly basis.

Food Access Coalition of Kittitas County

This group's mission is to advocate for all people of Kittitas County to have consistent access to healthy food and an understanding of nutrition by promoting and developing local programs and partnerships. Some of the group's recent projects have been garden gleaning for local food banks and working on a community assessment of access to healthy food choices. This group generally meets on a monthly basis.

For more information on these committees or if you have questions regarding Shape Up Kittitas County please contact:

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